

**MEMBERSHIP APPLICATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Male  Female

New Member Fee: \$35.00

Family Membership Fee: \$35.00

Family Member's Name (*must belong to same Lions Club*): \_\_\_\_\_

**MAKE CHECKS PAYABLE TO:  
LIONS CLUBS INTERNATIONAL**

Sponsoring Lions Club Member:

Name: \_\_\_\_\_

Member Number: \_\_\_\_\_



**PRE-DIABETES TEST**

How old are you? \_\_\_\_\_

0-39 (0 points) - 40-49 (1 point)

50-59 (2 points) - 60-99 (3 points)

Are you a man or a woman? \_\_\_\_\_

Woman (0 points) - Man (1 point)

If you are a woman, have you been diagnosed with gestational diabetes? \_\_\_\_\_

No (0 points) - Yes (1 point)

Do you have a mother, father, sister or brother with diabetes? \_\_\_\_\_

No (0 points) -Yes (1 point)

Have you ever been diagnosed with high blood pressure? \_\_\_\_\_

No (0 points) - Yes (1 point)

Are you physically active? \_\_\_\_\_

No (1 point) - Yes (0 points)

What is your weight category? (Find at: [www.cdc.gov/diabetes/prevention](http://www.cdc.gov/diabetes/prevention))

Circle: 1 point    2 points    3 points

TOTAL POINTS: \_\_\_\_\_

If you scored 5 or higher, you have an increased risk for prediabetes. Prediabetes is a condition in which blood sugar levels are higher than normal but not high enough to be diagnosed as type 2 diabetes.

If you are at increased risk for prediabetes, talk to your doctor to see if additional testing is needed. Remember, prediabetes can develop into type 2 diabetes within 5 years when blood sugar levels are not properly monitored.

**LIONS CLUBS  
of Michigan**

*YOUR*  
**Community Service  
Organization**



***www.lionsofmi.com***  
**517-887-6640 - *lions@lionsofmi.com***



## WE ARE LIONS

Lions Clubs are everywhere; there's likely one in your hometown. Our fundraising events are just as much fun as our service projects, and 100% of the money we raise goes back into our communities. Our administrative costs are covered by our membership dues, which are about \$75 per year for international, multiple district (state) and district (regional) dues.

Lions Clubs have a lot to offer members and the communities they support. Members have the opportunity to use their knowledge and skills to make a real difference in their community and help people in need. They gain leadership experience and training in public speaking, team building and program management that is beneficial in their personal and professional life.

Lions Clubs are also family friendly, and many of our projects and programs are designed to include the whole family unit. Membership in a Lions Club is a great way for parents to teach their children about community service, giving back and helping others.

## LIONS FIGHT VISION LOSS

The Lions Clubs of Michigan began providing free vision screenings for children in 2003. With the help of our KidSight partners and sponsors, we are improving the lives of children, and we are preventing vision loss one child at a time.

Through Project KidSight, we identify preventable and treatable causes of vision loss in children. If diagnosed early, 95% of vision disorders can be corrected with eyeglasses, contact lenses or patching.

The hi-tech Spot VS-100 and PlusOptix S12 mobile vision screeners that we use for our Michigan KidSight Program identify causes of vision loss such as nearsightedness, farsightedness, anisometropia (unequal refraction power), astigmatism, anisocoria (unequal pupil size) and strabismus (gaze deviations) through non-invasive testing. The mobile vision screener performs a binocular test of both eyes within 1 second, and it accurately (98% accuracy rating) identifies potential vision problems. When problems are detected, the vision screener creates a detailed measurement report for the child's parent or guardian so that they can obtain follow-up care from an optometrist or ophthalmologist.



Vision screening does not replace a complete eye examination by an ophthalmologist or optometrist.

**spot** Complete Eye Exam Recommended

---

**Vision Screening Summary**

SUBJECT: 21081-13572

SCREENING: 01/17/2014 4:27 pm GENDER: F AGE: 3Y

FIRSTNAME: Olivia

LASTNAME: Dylan

OD: -0.25 +1.50  
+4.00 -2.00 @99° +1.75 -0.75 @16°

OS: +3.00 +1.50  
+4.00 -2.00 @99° +1.75 -0.75 @16°

POTENTIAL CONDITION

- Hyperopia (H) [ farsighted ]
- Astigmatism (A) [ problem focusing ]
- Anisometropia [ unequal power ]

RIGHT EYE

WAVE OF BASE IN BASE

myopia

hyperopia

astigmatism

gaze dev.

LEFT EYE

WAVE OF BASE IN BASE

myopia

hyperopia

astigmatism

gaze dev.

BOTH EYES

anisocoria

anisometropia

anisometropia

## LIONS FIGHT DIABETES

Diabetes is a primary focus of Lions Clubs around the world. We educate communities about diabetes and diabetic risk factors, and we establish initiatives and operate programs to improve the lives of those living with diabetes and to help reduce the prevalence of the disease.

In partnership with the International Diabetes Federation (IDF), we are on a mission to annually screen, at least, 1 million people for type 2 diabetes. By serving in diverse communities all over the world, we can see and feel the societal effects of diabetes, and we care enough to do something about it.



Diabetes is currently the seventh leading cause of death in the United States, and 1 in 3 U.S. adults have prediabetes, which means their blood sugar is higher than normal, but not high enough to be considered type 2 diabetes. Without intervention, many people with prediabetes will develop type 2 diabetes within 5 years, which puts them at risk of serious health problems, including:

- Heart attack
- Stroke
- Blindness
- Kidney failure
- Loss of toes, feet or legs